

Gold Star Post 1365  
17 Cannon Ave  
Staten Island NY 10314  
Frank Saladis, Editor



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**Dear Post 1365 American Legion Members,**

Membership 2025-2026 is now in progress. Please take a moment and renew your membership. Each year we struggle to reach our membership goals due to late renewals. Because of our members and volunteers, Gold Star Post continues to be very active in the community and within the Richmond County American Legion. We host many organizations at the Post Hall, we support PS 26 school activities, we organize children and youth events, we organize ceremonies for Veterans Day and Memorial Day and do our best to stay connected with our elected officials to ensure that the needs of veterans are properly addressed. The Post participates in the annual July 4<sup>th</sup> Parade by providing the color guard, pre-parade entertainment and a place to cool; off after the parade. On August 4<sup>th</sup>, Gold Star Post sponsored the Pa system and provided entertainment at the annual Coast Guard Day celebration at Ft. Wadsworth. We continue to have our weekly chair yoga sessions every Wednesday afternoon from 12noon till 1pm and after the yoga session, members and guests can take advantage of the opportunity to visit with other members. Food and snacks are always available.

Our next major event is the annual – BBQ-Pig Roast, formerly known as the “Sea Food Picnic” which is chaired by Post Adjutant Frank La Marsh, scheduled for September 20. Please support the Post by attending this event. You will have a great time.

Another item of significant importance is the establishment of a Post Auxiliary due to the efforts of Frank Peters. The Auxiliary will provide support for Post functions and we welcomer the members of the Auxiliary.

As always, please continue your efforts to encourage veterans you know to join the Legion, and thank-you for your service.

Respectfully, Frank Saladis – Commander

Gold Star Post #1365: Minutes of July 12th 2025

The meeting was called to order at 10:05 by Commander Frank Saladis, the roll call was taken and noted. A motion by Bruce Lieberman to accept the minutes of the June meeting as printed and distributed was seconded and passed. Paul Dietrich provided the treasurer’s report as of June 2025, the details were provided but will not be published, and presently \$845 has been donated by members for the National Emergency Fund. Any member wishing to see the details should contact Paul. New Member, US Army veteran Miguel Cortez was introduced. The property survey issue is still on hold. The construction of the battery facility is on hold and Assemblyman Sam Pirozzolo is fronting the issue. Membership: Paul Dietrich reports that membership cards are in and to see him to renew, multiyear renewals must be done online. Commander Saladis reported on the proposed budget and that it was approved by the Post executive committee. Commander Saladis also stated that all expenses must be approved and properly tracked. Children & Youth: the next event will be the Halloween Trunk or Treat, volunteers are needed. Commander Saladis reported that the cost of renting the carousel for two hours is \$600 and that a BBQ back at the post would be the most cost-effective way to proceed. Commander Saladis is looking for way to get community involvement to showcase what we do, like an ice cream “Sunday” for children and the post would provide ice cream Sundays for them. Boys State: a thank you not from one of the boys was printed in the newsletter. Frank Peters reported that the Auxiliary met on Monday June 30<sup>th</sup> for the first time. Maryann Stallone is president and addressed membership. The Auxiliary members cleaned the entire Post from top to bottom on July 3<sup>rd</sup> for the July 4<sup>th</sup> function. The next meeting will be the last Monday of the month at 10:00 AM. Sick Call: Harold Bregman is home and recuperating. Gene Guerra reported on Independence Day next year and that the cost of running the annual parade is in the tens of thousands of dollars. Commander Saladis reported the Bell Jar is on the second game and half way through the 4 thousand tickets. The issue of cold war veterans receiving the wartime property tax exemption has been placed on hold by the NYC Council, and will be brought up at the political forum in October. A motion by Paul Dietrich to add \$165 to the money donated by members so that the total donation to the NEF will be \$1015 was seconded and passed. Frank LaMarsh reports the annual pig roast will be held on September 20<sup>th</sup> starting at noon. The cost is \$35 for members and veterans and \$45 for guests. Commander Saladis spoke about the need to adhere to the Post constitution and bi-laws and running the post as it should be. Every Wednesday from noon till 1 PM is the free chair Yoga. Paul Cempa reports Post shirts and hats are available and looking into possibly getting lighter jackets. A motion by Frank Peters to adjourn was seconded and approved. The meeting was closed at 11:44.

Respectfully submitted ,Frank LaMarsh, Adjutant

American Legion Information  
<https://nylegion.net/programs-services/>

**Reminder to all members:** Our Veteran Yoga project, which offers chair yoga and balance exercises in a relaxing calming environment, is something for you to consider. It is offered every

Wednesday from 12 Noon to 1 PM. Families are also invited and welcome. If you prefer, you can participate online using zoom in the comfort of your home. You can do some, or all of the balance exercises and the stretching and limbering exercises. The goal is to provide you with an option to help improve your health, reduce stress, and enjoy the company of other veterans. This program is offered at NO cost to you. Please join us either in person or online. It can make a difference in your quality of life.

**DD214 forms** Please ensure that you have a copy of your DD-214 on file at the Post.

Veteran Benefits Specialist, NYC Department of Veteran Benefits Services: 1 Centre Street, Suite 2208 New York, NY 10007 646-799-2743 [jliss@veterans.nyc.gov](mailto:jliss@veterans.nyc.gov)  
<https://www.legion.org/suicideprevention/256277/risk-ny-veterans-get-major-boost-american-legion>

**Military Liaison Services** 251-73 Jericho Turnpike Bellerose, New York, 11426 516-821-5140 Our mission is to connect Veterans with our care coordination team who will help them access our healthcare services. Email: [militaryservices@northwell.edu](mailto:militaryservices@northwell.edu) Web: [Northwell.edu/veterans](http://Northwell.edu/veterans)

**Veterans Affairs Life Insurance (VALife)** – VA Life Insurance Center - 800-669-8477 8:30am-6:30pm EDT

**Membership 2026-** Renewal notices for the 2026 year are here. Renew early to avoid any interruption in benefits. We are currently at 55.7% of goal with 171 members renewed. If you renew online you may wish to renew for multiple years which protects you from any dues increase during those renewed years. This can ONLY be done online. All members who renewed for multiple years last year \*(2025) have had their 2026 cards mailed out, if you did NOT receive it let Paul Dietrich know and he will resend.

Congratulations to: Mr. Atlak, Carucci and Modzelwski on their 60 continuous years of service to the American Legion.

We encourage you to recommend Legion membership to Veterans you know. Post 1365 would like to see our membership grow. We especially would like to see young veterans join us. Please help promote the Post as an ambassador for the American Legion.  
Visit [legion.org/renew](http://legion.org/renew) or [legion.org/join](http://legion.org/join) : <https://www.legion.org/membership/260621/american-legion-multiyear-membership-here>

**Sons of the American Legion** – For membership, send an email to: [goldstarsal1365@gmail.com](mailto:goldstarsal1365@gmail.com).

**This Month’s Donations to support the Post** – O’Grosso, Van Pelt, Saladis

**Final Honors: No reports.** Please honor our members by attending the Post ceremony offered to the families at the Wakes of our members who have been called to Post Everlasting

**Sick Call** – Joe Modzelewski, Harold Bregman, Joseph Marrone , Nick Ogrosso  
Veteran Liaison at Borough Hall – [bbeale@statenislандusa.com](mailto:bbeale@statenislандusa.com) 718-816-2062

Hotline for Difficulties with the VA -855-948-2311

S.I. Veterans Discount cards from S.I.E.D.C – 718 477-1400 ext. 813  
**Upcoming veterans Events can be found at:** <https://bobwoodrufffoundation.org/our-veterans-nyc/>



**Important Military Dates in August**

- **August 4: Coast Guard Birthday:** This date marks the establishment of the U.S. Revenue Cutter Service in 1790, which later became the U.S. Coast Guard.
- **August 7: Purple Heart Day:** This day honors those who have been wounded or killed while serving in the U.S. military.
- **August 16: National Airborne Day:** This day commemorates the first official Army parachute jump in 1940.
- **August 29: Marine Forces Reserve Birthday:** This date marks the establishment of the Marine Corps Reserve in 1916.

**Next Meeting: Saturday August 9, 10am**, Zoom Meeting - Meeting ID: 818 3435 4014  
Passcode: 963247  
<https://us02web.zoom.us/j/81834354014?pwd=dVlNeDgwM2FKTG11bJlJQUkFydUNXQT09>

**Important Dates and Events: Veterans Yoga- 12 noon -1pm Every Wednesday**  
The Post is open every Wednesday from 1pm to 5pm (or later depending on attendance).

August 9 – 10am Gold Star Post meeting 17 Cannon Ave  
August 15 – 7pm County Meeting – Gold Star Post  
September 12 – County Installation – Staaten, 6:30pm  
September 20 – Gold Star Post Annual Picnic and Pig Roast – 12 noon – 6pm 17 Cannon Ave  
October 17 - 1900 at Moravian Church, Political forum  
December 7 – Pear Harbor memorial Service – Information to be provided  
November 11 – Veterans Day Ceremony at the Staten Island Mall 10am  
December 12 -10 AM, at Holy Rosary, Oratorical contest – Information to be provided

Sounds of Summer Concert Series – Concerts Start at 7pm -  
<https://www.statenislандusa.com/summerconcerts.html>

Online Legion Updates and Information <https://www.legion.org/>

**The Food Pantry at Staten Island Giving Circle, which supports Veterans in need of your help.** Please consider a donation to keep the pantry stocked with essential items.